

Winter Wonderland Class Preparation

Equipment: These are the tools that will be needed to complete this class

Stand mixer and/or hand mixer with whisk attachment	Large, heavy-bottomed pot
Small Saucepan	9" springform pan or round cake pan
Measuring cups, dry measure	Spatula
Measuring spoons	Large Mixing Bowl
Measuring cups, liquid measure	Strainer
Wooden spoon/spatula	Whisk
Parchment paper	

Prep: This is the mise en place or preparation needed to be completed before the class. If this is not completed, it will be impossible to keep up with the class. <u>This video</u> will illustrate exactly what to do.

- Prior to class, please prepare your blueberry sauce as per the video
- Wash all produce
- Prior to class, mince garlic and ginger, and dice your onion for the stew as per the video
- Measure out lentils, and spices for the stew and set aside in separate bowls (crushed red pepper, coriander, cumin and turmeric can be in one bowl together as they will be added together)