



Recipe Name Mushroom and Spring Pea Sauce for Gnocchi

Ingredients: 1 batch of GF gnocchi

1 ½ lb. mushrooms (I like to combine 2/3 baby bella with 1/3 wild)

1 cup frozen peas 3 cloves garlic, minced

¼ cup dry sherry or white wine

Olive oil

4 Tbsp. vegan butter (I like Myoko's)

Fresh thyme

1 Tbsp. Nutritional yeast

½ cup cashew cream (1 cup cashew, soaked blended with 1.5 cups water)

Kosher salt and pepper

Truffle oil, vegan parmesan and chopped chives (optional) for garnish

Directions

- 1. Heat a large saute pan over medium high heat. Once hot, add mushrooms directly to pan and sprinkle with salt. Toss gently and leave. The mushrooms will give off a significant amount of water. Once about ½ of the water has cooked off, add the sherry/wine to the liquid and continue to cook, stirring occasionally until all the liquid has evaporated and the mushrooms are beginning to stick to the pan.
- 2. Once the liquid has evaporated, reduce heat to medium and add 1Tbsp. of olive oil and 2 Tbsp. vegan butter to the pan, stirring to loosen the mushrooms and to coat them in oil. Add the peas/asparagus, nutritional yeast, and fresh thyme. Toss for about 1 minute. Add minced garlic and toss for another 30 seconds or until the garlic becomes fragrant.
- 3. Add another 2 Tbsp. vegan butter and melt, tossing everything together. Taste and adjust salt/pepper/garlic. Turn off heat and set aside while cooking gnocchi.
- 4. Cook gnocchi as per directions. When almost done cooking, return sauce to low heat and toss to warm, adding cashew cream to make a creamy sauce.
- 5. Drain gnocchi using a slotted spoon and add to the sauce. Toss everything together until the ingredients are evenly distributed. If more liquid is needed, add a few tablespoons of the gnocchi cooking water to the sauce.
- 6. Top with a drizzle of Truffle oil, vegan parmesan and/or chopped chives, all optional.