

Recipe Name **Lime & Jalapeno Slaw**

Ingredients: 6 cups finely shredded cabbage (green, purple or buy a bag of slaw mix!)
 3 Tbsp lime juice
 2 Tbsp honey
 1/3 cup red onion, minced
 2-3 Tbsp jalapenos, minced
 2-3 Tbsp cilantro, chopped
 Kosher salt and pepper to taste

Directions

1. Combine all ingredients in a medium sized bowl. Allow the mixture to marinate for at least 30 minutes (the longer the better) before serving. Toss every so often to redistribute the marinade.

Nutrition Facts

Amount per serving	
Calories	45
	% Daily Value*
Total Fat 0.1g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 14mg	1%
Total Carbohydrate 11.5g	4%
Dietary Fiber 2g	7%
Total Sugars 8.5g	
Protein 1.1g	
Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 0mg	2%
Potassium 150mg	3%

*The % Daily Value (DV) tells you how much a nutrient in a food serving contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.

Recipe analyzed by **verywell**