

RECIPE

Recipe Name Fish Tacos

Ingredients:

Fish:

- 2 lbs. wild white flaky fish (Mahi Mahi or Cod both work great here)
- 1/2 cup avocado oil
- 1/4 cup fresh lime juice
- 5 Tbsp. chili powder
- 1/2 Tbsp. ground cumin
- 1/2 Tbsp. garlic powder
- 2 tsp. kosher salt
- 8 organic corn tortillas

Southwest Slaw:

- 2 cups shredded green cabbage (or a bag of slaw mix)
- 2 Tbsp. fresh lime juice
- 2 Tbsp. raw, unfiltered honey
- 2 Tbsp. minced red onion
- 2 Tbsp. minced jalapeno
- 1/4 cup chopped cilantro

Salt and pepper to taste

Lime Crema:



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- 6 oz. plain dairy free yogurt or cashew cream
- 2 Tbsp. fresh lime juice
- 1/2 tsp. lime zest
- 1 Tbsp. raw, unfiltered honey Pico

de Gallo:

- 1 cup diced organic tomatoes
- 4 tsp. minced red onion
- 2 Tbsp. chopped cilantro

1 Tbsp. chopped jalapeno pepper (adjust to taste) Directions:

- 1. Cut the fish into 16 relatively equal slices (about 1"x 4")
- 2. Combine oil, lime juice, chili powder, cumin, garlic and salt and place in plastic zip-top bag along with fish. Squish around so that the marinade gets all over the fish and place into the refrigerator while you prepare everything else.
- 3. Prepare slaw by combining all ingredients in a bowl, toss so that everything is well combined and set aside.
- 4. Prepare lime crema by mixing all ingredients in a small bowl until well combined and set aside.
- 5. Prepare Pico de Gallo by combining all ingredients in a medium bowl until well combined and set aside.
- 6. Prepare any additions you might like (avocado slices, diced mango, minced cilantro, or jalapeno)
- 7. Cook fish: You can bake it on a rimmed baking sheet at 400 for about 10 min (until fish is flaky), cook it in a skillet over medium high heat for about 3 min. each side (until fish is flaky) or cook on a grill mat on the grill for about 3 minutes each side, again, until the fish is flaky. Be sure to use a grill mat so that the fish does not fall through the grates.
- 8. Heat corn tortillas for about 15 seconds each side either in a dry skillet on the stove-top, or, directly over the grates of the grill.
- 9. Serve buffet style so that everyone can make their tacos the way they like. Enjoy!