

Recipe Name **Creamy Avocado Chickpea Salad**

Ingredients:

1 can chickpeas

1 ripe avocado

1 scallion (green and white parts), chopped

2 stalks celery, chopped

ground cumin

ground garlic

kosher salt

pepper

Directions:

1. Gently mash chickpeas in a bowl leaving about half whole and half mashed
2. Split avocado in half, removing the pit. Score each side down to the skin, creating a crisscross pattern in the avocado
3. Spoon avocado chunks out into mashed chickpeas
4. Add scallion and celery, stirring to combine until the avocado coats the chickpeas.
5. Add cumin, garlic, salt, and pepper to taste